



GOVT. DEGREE COLLEGE DRANG AT NARLA

Teh. Padhar, Distt. Mandi (HP)-175012



www.gcdrangnarla@gmail.com



01908-260645



www.gcdrang.ac.in

11

Capacity Building of Students

Capacity Building of Students:

- (i) Life Skills (Yoga, Martial Arts, Problem Solving, Critical thinking, Decision making, Effective communication skills, coping with stress and emotions etc.)

Total Marks=10

Govt. College Drang at Narla
College Activity

Sr.No	Particulars	Remarks
1	Date	21 st June, 2024
2	Name of Activity	International yoga day
3	Name of Unit/Agency/Department organizing the Activity	NCC unit
4	Name of Collaborating Agency (If Any)	Nil
5	No. of Students Participants	29
6	No. of Teachers Participants	1
7	Brief Report	The NCC cadets celebrated International Yoga Day by performing various yoga asanas. Theme of the day is humanity. The event aimed to promote the physical and mental well-being of the participants through the practice of yoga

[Signature]
Organizer

Reported by
[Signature]
Kemmehona Devi

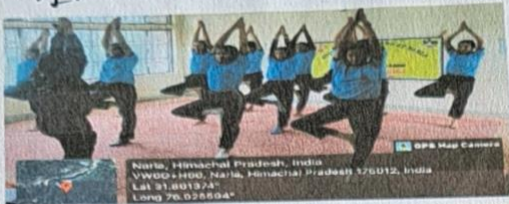
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Principal

Govt. College Drang at Narla (H

Yoga Day celebration by NSS unit - 21 June 2024
NSS unit of GDC Drang at Narla organised a programme on the occasion of yoga. Here members of NSS unit participated & discussed the imp. of yoga.

International yoga relay

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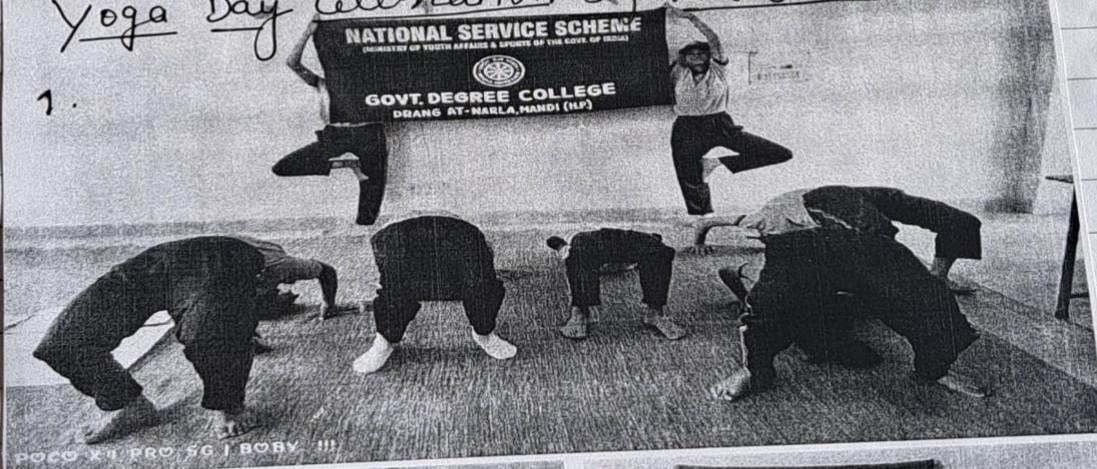


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Yoga Day celebration by NSS Unit -

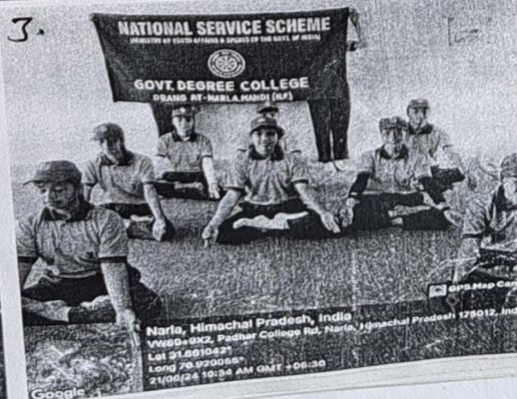
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Govt. College Drang at Narla
महाविद्यालय की गतिविधि

Particular	Remarks
दिनांक	September 09, 2024
गतिविधि का नाम	One Day Training Camp
गतिविधि आयोजित करने वाली इकाई/संस्था/विभाग का नाम	NCC
सहयोग संस्था का नाम	-----
भाग लेने वाले विद्यार्थियों की संख्या	27
भाग लेने वाले प्राध्यापकों की संख्या	08
<p>SUO Anshul Mahant ने महाविद्यालय द्रंग स्थित नारला में एनसीसी निदेशालय द्वारा प्रशस्ति पुरस्कार से सम्मानित एसयूओ अन्शुल महंत ने कॉलेज के कैडेट्स को एक दिवसीय प्रशिक्षण दिया। इस प्रशिक्षण में, अन्शुल महंत ने कैडेट्स को एनसीसी के मूल्यों और अनुशासन के महत्व के बारे में बताया। उन्होंने कैडेट्स को ड्रिल, सल्यूटिंग, वर्ड ऑफ कमांड और ऑफ ऑनर के तरीकों को सिखाया और उनकी तकनीक में सुधार करने में मदद की। कार्यवाहक प्राचार्य संजय सहगल ने अन्शुल महंत को उनके प्रशिक्षण के लिए धन्यवाद दिया और कहा कि यह प्रशिक्षण कॉलेज के कैडेट्स के लिए बहुत ही लाभदायक था।</p>	

One day Visit to Verma Industries

Dated: 12th September

No of Volunteers Participated =12

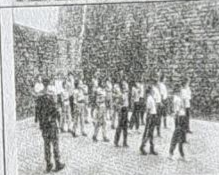
(7 Rangers & 5 Rovers)

No. of Teacher = 02

Volunteers visited Verma Industries, this industry is situated at 5 km distance from the college. In this Industry plastic sacks are made Volunteer learnt to make these sacks Industry Owner told each & every details regarding manufacturing of these sacks. It was a good experience for all volunteers.

Reported by :-
Kanchana Devi
A.P English

K. L. Dand
Principal
Govt. College Drang at Narla

[illegible]

fire safety training program :-



S	Particular	Remarks
		June 06, 2025
1	दिनांक	
2	गतिविधि का नाम	Disaster Management Mock Drill
3	गतिविधि आयोजित करने वाली इकाई/संस्था/विभाग का नाम	Tehsil Administration and Fire Department
4	सहयोग संस्था का नाम	NCC
5	भाग लेने वाले विद्यार्थियों की संख्या	10
6	भाग लेने वाले प्राध्यापकों की संख्या	01
7	संक्षिप्त प्रतिवेदन	<p>A Disaster Management Mock Drill was held at Govt. Senior Secondary School Padhar to enhance preparedness for natural disasters like landslides. 10 NCC cadets actively participated in rescue and emergency training. Under the supervision of officials including Tehsildar Dr. Bhawna Verma and SDM Surjeet Singh, rescue teams, police, and fire services carried out simulated operations. A command post, staging area, and relief camp were established as per protocol. The drill aimed to build quick-response capabilities and promote disaster resilience.</p>



Reported by

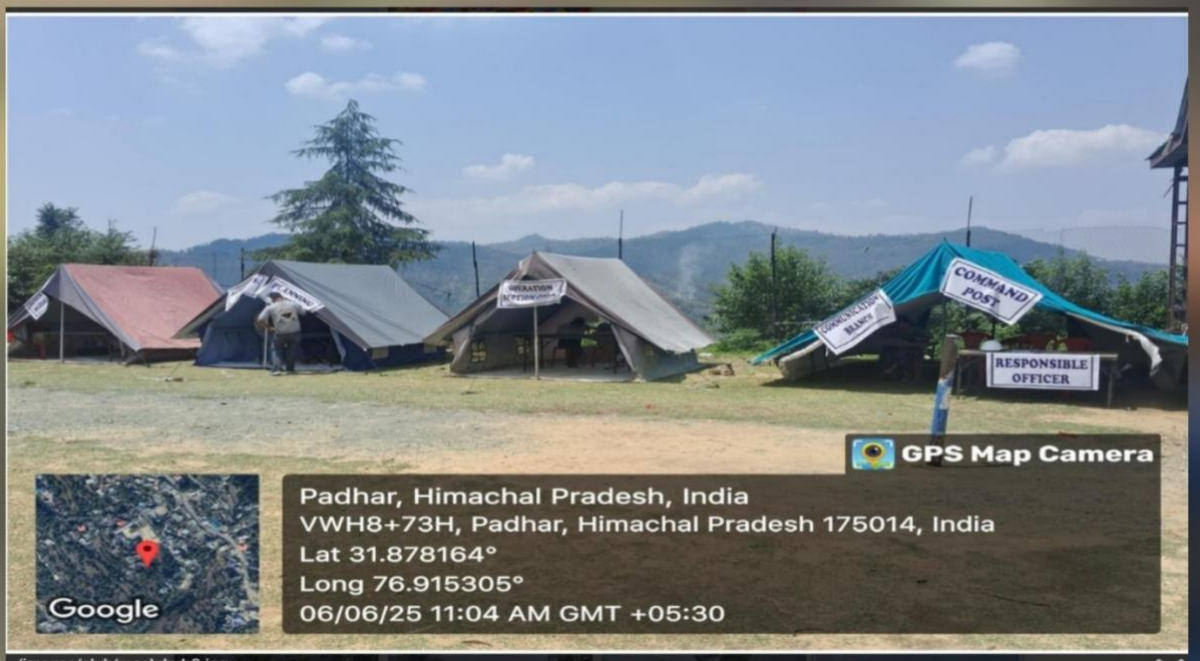
Kanchana Devi Kumar

Kanchana
Prashe

Vikas Bhi – Virasat Bhi May 22-23, 2025



Disaster Management Mock Drill June 06, 2025



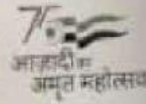
Date: October 14-21, 2024

Volunteers from GDC Drang at Narla Participate in Fire Safety Training Program

A fire safety training program was organized for the volunteers of GDC Drang at Narla from October 14 to October 21, 2024. The program was held at the Fire Station in Padhar. Twenty Rovers and Rangers participated in the program, where they learned various techniques to prevent and respond to fires and other emergency situations. The training aimed to equip the volunteers with essential skills to handle disasters and emergencies effectively. The program was a success, and the participants appreciated the opportunity to gain valuable knowledge and skills.



Govt. Degree College Drang at Narla



List of Students for Educational Trip on dated 18th November, 2024

Sl. No.	Name of Student	Class	Signature
1	Vasundhika	B.Sc. 1 st year	Vasundhika
2	Sakshi Yadav	B.Sc. 1 st year	Sakshi Yadav
3	Anushi	B.Sc. 2 nd year	Anushi
4	Kavish Guleria	B.Sc. 2 nd year	Kavish Guleria
5	Namita Thakur	B.Sc. 2 nd year	Namita Thakur
6	Hansha Bost	B.Sc. 2 nd year	Hansha Bost
7	Mrunika Thakur	B.Sc. 2 nd year	Mrunika Thakur
8	Ramona	B.Sc. 2 nd year	Ramona
9	Acharya Thakur	B.A. 2 nd year	Acharya Thakur
10	Rachana	B.Sc. 3 rd year	Rachana
11	Santana	B.Sc. 3 rd year	Santana
12	Sunakshi	B.Sc. 3 rd year	Sunakshi
13	Farvi Thakur	B.Com. 2 nd year	Farvi Thakur
14	Neha	B.Sc. 1 st year	Neha

- ① Dr. Peenam Chaudhary (Convener Vasundhara Eco club)
Dept of Chemistry
- ② Dr. Asha Singh (Dept of Mathematics)

Khandu

Principal
Govt. Degree College Drang
Mandi (H.P.)

11:53

कृषि विश्वविद्यालय पालमपुर में बढ़ाया ज्ञान

आजकल के समय में कृषि क्षेत्र में नवीकरणीय ऊर्जा का उपयोग करना आवश्यक है। कृषि विश्वविद्यालय पालमपुर में नवीकरणीय ऊर्जा के उपयोग के बारे में एक कार्यक्रम आयोजित किया गया। कार्यक्रम में डॉ. प्रेमचंद शर्मा, प्रमुख, कृषि विश्वविद्यालय पालमपुर, ने मुख्य अतिथि के रूप में भाग लिया। उन्होंने नवीकरणीय ऊर्जा के उपयोग के बारे में एक व्याख्यान दिया। कार्यक्रम में डॉ. प्रेमचंद शर्मा, प्रमुख, कृषि विश्वविद्यालय पालमपुर, ने मुख्य अतिथि के रूप में भाग लिया। उन्होंने नवीकरणीय ऊर्जा के उपयोग के बारे में एक व्याख्यान दिया।



- ① Dr. ^{Poonam} Poonam Chaudhary (convenor Vasundhara Eco Club)
(Deptt of Chemistry)
- ② ^{Asha Si} Dr. Asha Singh (A.P.) (Deptt of Mathematics)

Randh
Principal
Principal
Govt. Degree College Drang
at Naria Distt. Mandi (H.P.)
Mandi (H.P.)



GPS Map Camera



Google

Palampur, Himachal Pradesh, India
4h34+gc, Holta, Palampur, Banuri, Himachal
Pradesh 176062, India
Lat 32.10384° Long 76.556066°
18/11/24 01:24 PM GMT +05:30



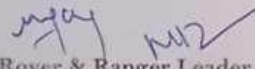



GOVERNMENT DEGREE COLLEGE DRANG AT NARLA, DISTT MANDI (HP)

Certificate of Participation



This is certify that Mr./ Miss.....Pallavi.....Daughter/ Son of
Shri.....Jai shand.....Class.....BA 1st year.....has
successfully completed one week Training Programme on Fire Safety from 14th to 21 October, 2024 organised by Fire
Safety Department, Padhar, Distt-Mandi (HP) 175012.


Rover & Ranger Leader
GDC, Drang at Narla


Principal
GDC, Drang at Narla


Commandant
Home Guard, Mandi

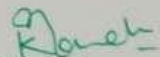
GOVERNMENT DEGREE COLLEGE DRANG AT NARLA, DISTT MANDI (HP)

Certificate of Participation



This is certify that Mr./ Miss.....Ritu..verma.....Daughter/ Son of
Shri.....Dinesh..kumar.....Class.....BA 1st year.....has
successfully completed one week Training Programme on Fire Safety from 14th to 21 October, 2024 organised by Fire
Safety Department, Padhar, Distt-Mandi (HP) 175012.


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GDC, Drang at Narla


Principal
GDC, Drang at Narla


Commandant
Home Guard, Mandi


GOVERNMENT DEGREE COLLEGE DRANG AT NARLA, DISTT MANDI (HP)

Certificate of Participation



This is certify that Mr./ Miss Isha Daughter/ Son of
Shri Jai Singh Class BA 1st year has successfully
completed one week Training Programme on Fire Safety from 14th to 21 October, 2024 organised by Fire Safety Department, Padhar, Distt-
Mandi (HP) 175012.


Rover & Ranger Leader
GDC, Drang at Narla


Principal
GDC, Drang at Narla

Commandant
Home Guard, Mandi

Promoting wellness Through Meditation at college - A wellness program was held on Feb 19, 2025 at GRC Nanglat Narlo for teaching, non-teaching staff and CSCA officials. Brahma Kumaris Arpana & Manjula along with retired Executive Engineer Mr. Satish were special guests. The session focussed on power of meditation, positive thinking & mental well-being. Participants were encouraged to reduce mobile phone usage and avoid negative influences. Principal Dr. Kalyan Chand Mandhoke and all staff members actively participated.

WELLNESS PROGRAM

19/02/2025



एक नजर

डिग्री कालेज नारला में वेलनेस कार्यक्रम

पद्धर । उपमंडल पद्धर के राजकीय महाविद्यालय द्रंग स्थित नारला में गुरुवार को शिक्षण, गैर-शिक्षण स्टाफ एवं सीएससीए पदाधिकारियों के लिए एक वेलनेस कार्यक्रम का आयोजन किया गया। कार्यक्रम में ब्रह्मकुमारी अंजना, ब्रह्मकुमारी



मंजुला एवं सेवानिवृत्त अधिशाषी अभियंता (विद्युत विभाग) सतीश विशेष रूप से उपस्थित रहे। ब्रह्मकुमारी अंजना ने अपने प्रेरणादायक संबोधन में ध्यान (मेडिटेशन) के महत्व पर प्रकाश डाला। उन्होंने विचारों पर नियंत्रण रखने, अनावश्यक चीजों पर ऊर्जा व्यर्थ न करने और सकारात्मक जीवनशैली अपनाने पर बल दिया। उन्होंने विशेष रूप से मोबाइल फोन के अत्यधिक उपयोग, नकारात्मक विचारों और बाहरी नकारात्मक प्रभावों से बचने की सलाह दी। इस अवसर पर महाविद्यालय के प्राचार्य डॉ. कल्याण चंद मंदोत्रा सहित सभी शिक्षण एवं गैर-शिक्षण स्टाफ के सदस्य उपस्थित रहे। कार्यक्रम के अंत में सभी ने सकारात्मक सोच और मानसिक शांति को अपने जीवन का हिस्सा बनाने का संकल्प लिया।

Wellness program

1.

